

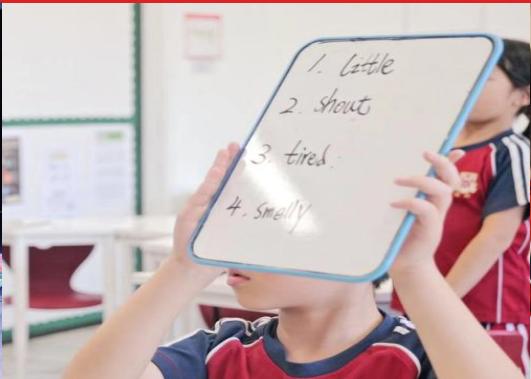


西安曲江德闳ASA志闳课程

2024-2025 第二学期

Dehong ASA ZhiHong Course

Term 2, 2024-2025



ASA（志闾）课程介绍

Introduction to ASA Courses



欢迎参加德闾学校ASA志闾课程，我们的教师为学生准备了一系列富有趣味的内容。该课程由我们的教育专家设计，活动类别有人文学术、艺术表演、体育、音乐和科学。

Welcome to our After School Activity Program at Dehong; the teachers have prepared a range of exciting and engaging activities for the students. The program has been designed by our educational experts and includes options under the following categories: Humanities and Academic, Fine and Performing Arts, Sports, Music and SciTech.

本手册的课程信息旨在帮助您了解ASA志闾课程以及其对学生学习和发展的促进作用。本学期课程为自愿选择，校内课程为18周课程，收费课程为15周课程。家长在报名时可选择一个首选，同时可以选择第二个甚至第三个备选课程，您可按您的偏好排序。在Schools Buddy报名系统中，我们使用了“随机偏好”的分配功能。这意味着每个学生都有完全相同的机会参加他们选择的课程。如果首选课程被认定超员，该程序将随机选择正确数量的学生，并将剩余的学生分配给他们的第二选择以及第三选择，请您尽可能完成三个选项。

The course information in this manual aims to help you understand the ASA course and its promoting effect on students' learning and development. This semester's courses are optional. The internal free courses are 18 weeks long, while the fee-based courses are 15 weeks long. Parents can choose a first choice when enrolling, as well as a second and even a third choice if desired, and rank them according to their preference. In the Schools Buddy enrollment system, we use a "random preference" allocation feature. This means that each student has an equal chance of being assigned to their chosen option. If a particular option is oversubscribed, the system will randomly select the required number of students and assign the remaining students to their second and third choice, provided a 3 choices was selected.

学生需做的课前准备请查阅报名系统里的详细介绍，请按照课程的需要进行着装和准备装备。如没有提出特殊要求，穿德闾校服即可。Please refer to the detailed introduction in the registration system for the pre class preparation that students need to do, please dress appropriately and prepare the necessary equipment according to the course requirements. If no specific instructions are provided, wearing the Dehong school uniform is sufficient.

如果您有任何课程问题或疑问，请发送电子邮件至zhihong-xa@dehong.cn，或添加右上角ASA课程企业微信，或拨打ASA办公室座机02968276140：

If you have any queries or questions, please please contact us through the ASA course Email box or add ASA WeChat for enterprises or call ASA office.

ASA（志闾）课程报名须知

ASA Courses Enrollment Information

（一）报名方式Enrollment Methods

所有课程均通过线上报名，请通过schools buddy 报名。校外收费志闾课统一由各课程供应商收取，报名不可预留名额，欲报从速。All courses require online registration via the Schools Buddy system. For external courses, payments are handled by vendors. Seats cannot be reserved, so early registration is recommended.

（二）课程候补、调整和取消Course waitlist, adjustments, and cancellations

校内免费课程 Internal course

每个课程有最低人数以及最高人数限制，人数达到要求才会确认开课。一旦报名后不可以调整课程，请引导学生认真选择适合自己的课程。Internal Courses (Free): Each course has a minimum and maximum number of participants. Courses will only be confirmed if the minimum number is met. Once registered, changes to the courses are not permitted.

校外收费课程External course(Fee-based):

为保证课程质量，课程班级人数上限固定，到达上限不可增加。期望报名已额满课程可发送邮件至志闾课邮箱ZhiHong-XA@dehong.cn：标题“学生姓名+课程候补”，内容写明：学生姓名+联系方式+期望报名课程+课程时间，我们将按照邮件时间先后顺序进行候补。To ensure the quality of our courses, each class has a fixed maximum number of students, and no additional enrollments will be accepted once the limit is reached. If you wish to enroll in a fully booked course, please send an email to ZhiHong-XA@dehong.cn with the subject “Student Name + Preferred course.” In the email, include the student’s name, contact information, the desired course, and the course time. We will prioritize students based on the order in which we receive emails.

课程开始后第二周家长需完成缴费。报名前请和孩子沟通兴趣，仔细了解课程，因为报名后换课需先发邮件给志闾邮箱取消原课程，且只能换入仍有名额的课程中。课程开课第二周后除特殊原因外皆无法换课，报名时请注意课程信息，谨慎选择。Parents need to complete the payment at second week after the course begins. Before enrolling, please discuss with your child and carefully review the course offerings. If you wish to change a course after registration, you must first email the ASA office to cancel the original course, and you can only switch to courses that still have available spots. After the second week of the course, no changes will be allowed except for special circumstances. Please pay close attention to course details and choose carefully when enrolling.

退课Course Withdrawal

每学期课程周期为15周。校内免费志闾课一旦报名后不可以调整课程，校外收费志闾课，如果开课后需申请退课，在第三次上课前，可以发送邮件申请取消课程并退费，审核后我们将扣除实际课时费后原路退回。第三次课开课当天申请，为确保学生放学后的安全，无法操作退课。第三周课程开始后，无故的取消或缺课，将不予退费。Each semester have 15 weeks course. Internal ASA courses cannot be adjusted once registered. For external ASA courses, if you need to withdraw after the course has started, you can apply for a refund before the 3rd class by sending an email to ZhiHong-XA@dehong.cn. After review, the refund will be processed after deducting the cost of attended classes. If the application is made on the day of the 3rd class, for student safety after school, we cannot process the withdrawal. Once the 3rd week of courses has started, cancellations or absences without a valid reason will not be eligible for a refund..

(三) 课程沟通及咨询流程Consultation Process and Communication

- 1.线上报名截止后将建立课程班级，家长可通过schools buddy系统登陆查询课程安排After online registration closes, a course group will be created. Parents can log in to the Schools Buddy system to check the course schedule.
- 2.校外收费课程每日课程反馈/作业将由相关老师进行整理，于课后一天内通过志闾邮箱发送给各位家长。对课程有疑问或建议，或咨询课程相关事宜，可发送邮件至ZhiHong-XA@dehong.cn进行问询。Daily course feedback and homework for external course will be organized by the relevant teacher and sent to parents via the Zhihong email box within one day after the class. If you have any questions or suggestions about the course or need to inquire about course-related matters, you can send an email to ZhiHong-XA@dehong.cn.
- 3.未经学校允许，外部课程老师不允许私自添加家长联系方式。如有疑问，请通过志闾邮箱或ASA志闾课程企业微信或ASA办公室座机联系我们。External ASA teachers are not allowed to add parents' contact information without the school's permission. For any inquiries, please contact us through the ASA course Email box or WeChat for enterprises or call ASA office.

(四) 提前离校请假Request for Early Leave from School

1.我们非常重视孩子在校的志闾课程学习情况和安全管理。如果您的孩子因故请假不到校，请提前一天发邮件至ZhiHong-XA@dehong.cn进行请假操作。We place great importance on the ASA course learning and safety management of your child at school. If your child needs to take a leave of absence from school, please send an email to ZhiHong-XA@dehong.cn at least one day in advance to request leave.

2.如果您的孩子白天在校学习，但所报志闾课程期间另有安排需要提前离校，请务必在当天下午3点前发邮件至ZhiHong-XA@dehong.cn进行请假操作。学校需要及时掌握孩子的出勤情况，以了解孩子的方位信息，确保学生的安全。If your child is attending school but needs to leave early during ASA course for other arrangements, please send an email to ZhiHong-XA@dehong.cn before 3:00 PM on the same day. The school needs to monitor student attendance to ensure their safety.

3.学生因病且有医生证明长期(超过一个月)不能参加特定课程的，经家长书面申请并提供相关证明，学校将酌情安排本学期内尚有名额的其他课程进行课程调整或申请退费。If a student is unable to attend a specific course for more than a month due to illness with a doctor's certificate, upon written application from the parent and the provision of relevant documentation, the school will consider arranging an alternative course with available slots within the current semester or process a refund.

(五) 突发应急事件Emergency Situations

上课期间如有特殊情况校方将第一时间电话联系家长并安排校医查看，如需外送就医将按照意外伤害处理程序采取及时、就近、尊重家长意愿的原则安排相应措施，将伤害减少到最低程度。同时学校配有应急外科用医药箱，校内将不会进行未获医生处方的口服药物处理。During class, if there are any special circumstances, the school will contact the parents immediately and arrange for the school doctor to examine the student. If external medical care is needed, the school will follow the procedures for accidental injury, taking timely, nearby, and parent-consented measures to minimize the impact of the injury. The school is also equipped with a first aid kit for emergency situations but will not administer oral medications without a doctor's prescription.

(六) 恶劣天气预案Adverse Weather Contingency Plan

部分室外课程受天气影响，将在天气预报降水量为小雨及以下的课程继续户外教学，受雨水影响的户外课程将在下雨天气移至室内，当PM2.5值高于200时所有户外课程移至室内或顺延，具体安排届时将以邮件通知为准。Some outdoor courses are affected by weather. Courses will continue outdoors if the forecasted rainfall is light or less. If affected by rain, outdoor courses will be moved indoors, or postponed if necessary, when PM2.5 values are higher than 200. Specific arrangements will be communicated via email.

(七) 其他注意事项Other Important Notices

1.参加ASA志闾课程的学生将无法乘坐校车，请家长自行安排接孩子回家事宜。课程结束后学生由老师统一带至学校南门由家长接走，如家长因特殊原因不能及时到校接回学生，请务必提前发送邮件至ZhiHong-XA@dehong.cn，课程老师陪同孩子在校内等候，超时等候的时间一般不超过15分钟。The school does not provide return bus service for students attending ASA courses. Parents are responsible for arranging pick-up. After the course ends, students will be escorted to the school gate by their course teacher to be picked up by a parent. If parents are unable to pick up their child on time due to special circumstances, please notify the school via email at ZhiHong-XA@dehong.cn in advance, and the course teacher will accompany the child while waiting on campus, usually no more than 15 minutes.

2.出于版权和学生肖像的保护，只有经学校的书面允许，授课老师才能拍照和摄影。我们有权对学生的活动过程或学生作品进行摄影、摄像和录音。这些资料将用于教师培训，课程设计及学校宣传。For the protection of copyright and student image, only teachers with written permission from the school can take photos and videos. We reserve the right to photograph, video, and record students' activities or work. These materials will be used for teacher training, course design, and school promotion.

3.校方因故取消活动时，将及时通知家长，课程顺延。因非个人原因(包括但不限于班级隔离)导致的缺课将在学期末统一退费；因个人原因导致的缺课不予退费。If the school cancels an activity for any reason, parents will be notified promptly, and the course will be rescheduled. Absences due to non-personal reasons (including but not limited to class quarantine) will be refunded at the end of the semester; absences due to personal reasons will not be refunded.

ASA（志闾）课程学生公约

ASA Course Student Code of Conduct

- 1.进入上课教室后保持安静，遵守课堂纪律，不得大声喧哗，不得追逐打闹，不得随意离开自己的座位，如需离开座位或离开教室需要举手经过老师的允许；Keep quiet after entering the classroom, follow classroom rules, no loud noise, no running, no fighting, and do not leave your seat without permission. If you need to leave your seat or the classroom, raise your hand and get the teacher's permission.
- 2.在课堂中要做到认真听讲，积极回答老师问题，不得影响课堂秩序以及其他同学；Listen attentively in class, actively answer the teacher's questions, and do not disrupt the class order or other students.
- 3.上课时听从老师安排，严格遵守校规，禁止包括言语或者肢体接触在内的任何霸凌行为。如发现有违反校规的行为发生，可以第一时间报告老师，并听从老师的安排指令；Follow the teacher's instructions during class, strictly follow school rules, and no bullying of any form, including verbal or physical contact. If you witness any violation of school rules, report it to the teacher immediately and follow the teacher's instructions.
- 4.请勿在教室内饮食，保持教室整洁，未经老师允许不能触碰教室内的教具及他人物品；No eating and drinking soft drinks in the classroom, keep the classroom clean, and do not touch classroom tools or other people's belongings without permission.
- 5.未经许可不能使用或携带个人电子产品，如发现携带或使用，老师将会进行保管，并在课程结束时归还给家长或学生。Do not use or bring personal electronic devices without permission. If found, the teacher will keep the device and return it to the parent or student after the course ends.

以上规则如有违反，第一次将进行口头警告并通知家长；第二次将告知班主任并通知家长；第三次将上报给德育主任，依据校规进行处理！If these rules are violated, a verbal warning will be given for the first offense, and parents will be notified. For a second offense, the banzhuren will be informed and parents notified. For a third offense, the issue will be reported to the well-being leader and handled according to school rules.

开始报名 Term 2 registration sign up opens	2月14日 20:00 Feb 14th at 20:00
结束报名 Registration closes	2月17日10:00 Feb 17th at 10:00
ASA志闾课开始 ASA Start	2月24日此周 Week of Feb 24th
ASA志闾课结束 ASA Finish	校内Internal 6月16日此周 (TBD) Week of June 16th (TBD) 校外收费External 6月9日此周 (TBD) Week of June 9th (TBD)

ASA（志闾）课程周一课表

ASA Timetable on MON

Period	Course name	Grades
16:15-17:15	G1 篮球Basketball	G1
	G1-2 VEX机器人VEX robot	G1-2
	G1-3 舞蹈形体Cardioscolpt	G1-3
	G1-3 格斗训练Boxing	G1-3
	G1-3 科创Science & Engineering	G1-3
	G1-3 艺术Art	G1-3
	G1-6 足球Football (2H)	G1-6
	G1-6 奥运射箭入门Archey Beginner	G1-6
	G1-6 围棋入门Weiqi Beginner	G1-6
	G1-6 围棋进阶Weiqi Advanced	G1-6
	G4-6 FPV无人机FPV Drone	G4-6
	G4-6 网球基础班Tennis Begginer	G4-6
	G4-6 攀岩Climbing	G4-6
	G4-6 烘焙进阶Baking Advanced	G4-6
16:15-17:45	G2-3 篮球Basketball	G2-3
17:15-18:15	G7-9 奥运射箭Archey	G7-9
	G7-9 科创Science & Engineering	G7-9
	G7-9 攀岩Climbing	G7-9
	G7-9 足球Football	G7-9
以上课程均为付费课程		

ASA (志闳) 课程周二课表

ASA Timetable on TUE

Period	Type	Course name	Grades
16:00-17:00	ACADEMIC 校内学术	G6 PBL市集文创新PBL Based Learning-Collective Creation	G6
		G6-7 英文书写English handwriting	G6-7
		G6-9 STEM实验室STEM Projects	G6-9
		G6-9 德闳故事Tales from Dehong	G6-9
		G7-8 英文阅读课程EML Quiet Reading Class	G7-8
		G7-9 模拟联合国MUN Model United Nations	G7-9
		G8 地理拾遗Supplementary examination course	G8
		G8 生物拾遗Supplementary examination course	G8
		G8-9 电影世界Movie World	G8-9
		G9 数学辅考课Supplementary examination course	G9
		G9 历史辅考课Supplementary examination course	G9
	ART/MUSIC/DRAMA 校内艺术/音乐/戏剧	G2-5 英文戏剧Drama (需试镜)	G2-5
		G4-9 DEXA交响乐团DEXA Symphony Orchestra (需选拔)	G4-9
		G5-9 流动艺术探索Flow Arts Exploration	G5-9
		G6 曼陀罗心理绘画Mandala Psychological Painting	G6
		G6-7 编织Macrame	G6-7
		G6-9 DEXA摇滚乐队DEXA Rocks!	G6-9
		G7-9 头像雕塑Head sculpture	G7-9
		G7-9 校刊设计与摄影School Newspaper Graphics and Photography	G7-9
		SPORTS校内体育	G2-5 篮球Basketball
G6-9 游泳校队Swimming			G6-9
16:15-17:15	EXTERNAL 付费课程	G1-3 科创Science & Engineering(校外付费Paid)	G1-3
		G4-6 科创 Science & Engineering(校外付费Paid)	G4-6
17:00-18:30		G6-9 篮球Basketball(校外付费Paid)	G6-9

ASA (志闳) 课程周三课表

ASA Timetable on WED

Period	Type	Course name	Grades
16:00-17:00	ACADEMIC 校内学术	G2-3 打字俱乐部Typing Club	G2-3
		G2-3 环球旅行社Travel Passport	G2-3
		G2-3 趣味科普俱乐部Fun Science Knowledge Club	G2-3
		G2-3 绘本创想乐园Picture book club	G2-3
		G2-3 故事书艺术俱乐部Storybook Art Club	G2-3
		G3-4 探秘古埃及Ancient Egypt	G3-4
		G3-4 基础语法练习Basic Grammar Practice	G3-4
		G3-4 书写涂色俱乐部Handwriting and Coloring Club	G3-4
		G4-6 行动创意俱乐部Action-Oriented Creative Club	G4-6
		G5-6 思维拓展Thinking expansion	G5-6
	ART/MUSIC/DRAMA 校内艺术/音乐/戏剧	G2-3 创意手工俱乐部Creative Crafts Club	G2-3
		G2-3 创意扭扭棒Creative Twist Sticks	G2-3
		G2-3 毛线绣Wool Embroidery	G2-3
		G2-3 探索性绘画与拼贴Explorative Painting & Collage	G2-3
		G2-3 儿童剪纸Paper cutting	G2-3
		G2-3 器乐合奏团Instrumental Ensemble (需选拔)	G2-3
		G2-4 正念艺术Mindful art	G2-4
		G3-4 艺术赏析Art Appreciation	G3-4
		G3-8 DEXA鼓乐团DEXA Drum Ensemble	G3-8
		G4-6 戏剧表演Drama (需试镜)	G4-6
G4-8 声乐合唱团Vocal Ensemble		G4-8	
G4-8 铜管重奏团Brass Ensemble		G4-8	
G6-7 昆曲与古琴Kunqu Opera and Guqin		G6-7	
SPORTS校内体育	G2-3 游泳校队Swimming	G2-3	
	G9 足球Football	G9	
16:15-17:15	EXTERNAL 付费课程	G1-3 网球基础班Tennis(校外付费Paid)	G1-3
17:15-18:15		G1-6 高尔夫入门Golf beginner(校外付费Paid)	G1-6
17:00-18:30		G7-9 足球 Football(校外付费Paid)	G7-9
		G4-6 篮球Basketball(校外付费Paid)	G4-6

ASA (志闯) 课程周四课表

ASA Timetable on THUR

Period	Type	Course name	Grades
16:00-17:00	ACADEMIC 校内学术	G2-3 乐高俱乐部Lego Club	G2-3
		G3-4 数学思维拓展Math Thinking Expansion	G3-4
		G3-4 趣味学英语Online English Games & Grammar	G3-4
		G4-6 Blender建模之路The Path of Blender Modeling	G4-6
		G4-5&9 拉米牌俱乐部Rummy Club	G4-5&9
		G9 学术英语补充Academic English Support	G9
		G9 物理辅考课Supplementary examination course	G9
		G9 道法辅考课Supplementary examination course	G9
	G9 化学辅考课Supplementary examination course	G9	
	ART/MUSIC/DRAMA 校内艺术/音乐/戏剧	G2-3 戏剧表演Drama (需试镜)	G2-3
		G2-3 合唱团Choir	G2-3
		G2-3 探索性绘画与拼贴Explorative Painting & Collage	G2-3
		G2-4 正念艺术Mindful art	G2-4
		G2-5 英文戏剧Drama (需试镜)	G2-5
		G2-5 英文戏剧演唱Charlie and the Chocolate Factory Singers	G2-5
		G4-5 折纸俱乐部Paper Folding	G4-5
		G4-9 交响乐团DEXA Symphony Orchestra (需选拔)	G4-9
		G9 头像雕塑Head sculpture	G9
	SPORTS校内体育	G4-5 游泳校队Swimming	G4-5
		G6-8 足球Football	G6-8
16:15-17:15	EXTERNAL 付费课程	G1 篮球Basketball(校外付费Paid)	G1
		G1-3 攀岩Climbing(校外付费Paid)	G1-3
		G1-3 烘焙入门 Baking beginner(校外付费Paid)	G1-3
		G1-5 高尔夫进阶Golf advanced(校外付费Paid)	G1-5
		G1-5 奥运射箭进阶Archery advanced(校外付费Paid)	G1-5
		G2-G5 流行舞Urban Dance(校外付费Paid)	G2-5
		G5-6 VEX机器人VEX robot(校外付费Paid)	G5-6
17:00-18:30		G2-3&G4-5 篮球Basketball(校外付费Paid)	G2-3&4-5

ASA（志闾）课程周五课表

ASA Timetable on FRI

Period	Course name	Grades
16:15-17:15	G1-3 烘焙入门Baking beginner	G1-3
	G1-3 流行舞Urban Dance	G1-3
	G1-6 自然探秘课程Nature exploration	G1-3/G4-6
	G1-6 足球Football (2H)	G1-6
	G2-3 FPV无人机入门班FPV Drone	G2-3
	G3-4 VEX IQ机器人VEX IQ robot	G3-4
	G4-6 格斗训练BOXING	G4-6
	G4-6 艺术Art	G4-6
	G5-6 赛艇体适能Rowing Fitness	G5-6
	G5-6 模拟联合国MUN	G5-6
16:00-17:00	SEASON 3 FOR U11 TEAM A (免费)	G2-5
17:00-18:00	SEASON 3 FOR U14&U19 TEAM A (免费)	G6-9
17:15-18:15	G7-9 赛艇体适能Rowing Fitness	G7-9
	G7-9 足球Football	G7-9
	G7-9 FPV无人机高级班FPV Drone	G7-9
	G7-9 自然探秘课程Nature exploration	G7-9
	G7-9 模拟联合国MUN	G7-9
17:15-18:45	G4-9 女子篮球Girls Basketball	G4-9
	G7-9 篮球Basketball	G7-9
SAT14:30-16:30	G5-9 赛艇Rowing	G5-9
SUN9:00-10:30		G2-3
SUN10:45-12:15	G1-9 篮球Basketball	G4-5
SUN16:30-18:00		G6-G9
以上课程均为付费课程		



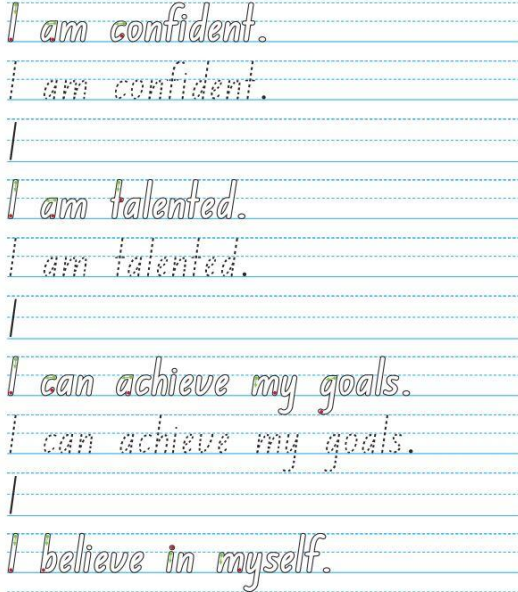
PBL项目学习-市集文创

PBL Based Learning-Collective Creation

采用项目式教学法, 旨在培养学生解决问题的能力, 培养学生解决问题和提升创造性的能力, 以传达对关键概念的更深入理解和对批判性思维等 21 世纪基本学习技能的掌握。

Using PBL (Project Based Learning) method to develop students' problem-solving and the creative making of products to communicate a deeper understanding of key concepts and mastery of 21st-century essential learning skills.

Positive Affirmations



英文书写 English handwriting

本课程旨在提高英文书写水平，重点培养书写的清晰性、整洁性和一致性。你还将接触到不同的书写体，如草写和印刷体。

This course is designed to improve your English handwriting, focusing on legibility, neatness, and consistency. You will also explore different styles, such as cursive and print writing.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间: 周二 1600-1700

年级: G6-9

班级人数: 5-15

STEM实验室 STEM Projects



在课程中学生将运用批判性和创造性思维来解决 STEM 问题。通过协作与沟通，学生将共同完成团队项目。

Students will use critical and creative thinking to solve STEM problems. By means of collaboration and communication students will build collaborative projects.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间：周二 1600-1700

年级：G6-9

班级人数：5-20

德闯故事 Tales from Dehong



在我们的课程中，学生将有机会创建一份以学生为中心，由学生撰写并设计排版的校刊，并每两周在校内的newsletter中发布。学生被鼓励撰写关于学校活动的文章，同时也可以根据自己的兴趣撰写评论、观点和建议！

In this ASA, students will be given the opportunity to create a student-centred newsletter, which will be published biweekly in the school newsletter. The pupils are encouraged to write about school events, but they are also able to write reviews, opinions and advice about whatever appeals to them!

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间: 周二 1600-1700
年级: G7-9
班级人数: 5-15



模拟联合国 MUN Model United Nations

我们将学习模联 (MUN) 的基础知识, 包括了解联合国 (UN) 和模联的历史与相关事实, 同时学习如何撰写演讲稿以及进行公共演讲。

We will be learning the basics of what MUN is. We will learn the history and facts about the UN and MUN as well as learn how to write speeches and speak in public.

ASA (志闳) 课程介绍 Introduction to ASA Courses

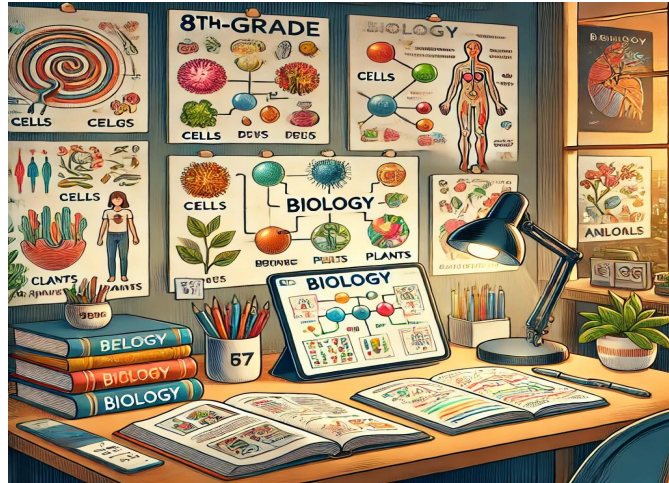
时间: 周二 1600-1700

年级: G8

班级人数: 5-10

生物拾遗

Supplementary examination course



该课程面向8年级学考生，重点快速提高知识掌握程度，拾遗忘的的知识。内容包括整个初中生物学四本教材的知识梳理，夯实基础，快速提升！

This course is designed for 8th-grade students preparing for the graduation exam, focusing on rapidly improving knowledge retention and revisiting forgotten concepts. The content includes a comprehensive review of the four middle school biology textbooks, reinforcing foundational knowledge and achieving quick progress!

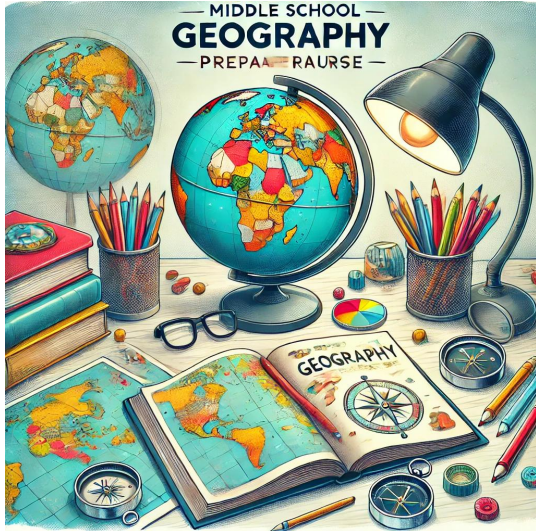
ASA (志闯) 课程介绍

Introduction to ASA Courses

时间: 周二 1600-1700

年级: G8

班级人数: 5-10



地理拾遗

Supplementary examination course

该课程面向8年级学考生，重点快速提高知识掌握程度，捡拾遗忘的的知识。

This course is designed for 8th-grade students preparing for the graduation exam, focusing on rapidly improving knowledge retention and revisiting forgotten concepts.

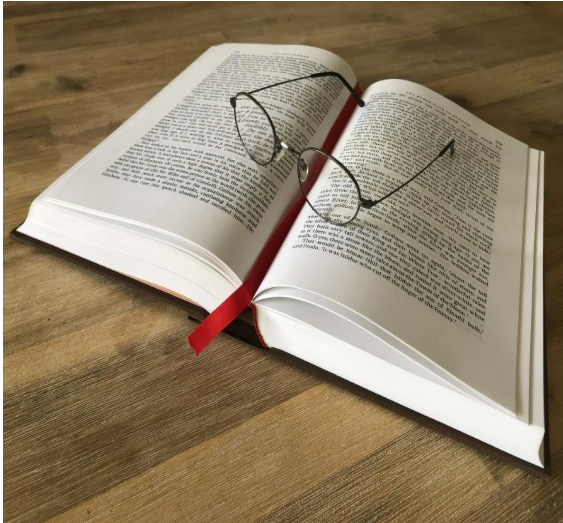
ASA (志闳) 课程介绍

Introduction to ASA Courses

时间: 周二 1600-1700

年级: G7-8

班级人数: 5-15



英文阅读课程

EML Quiet Reading Class

在中学图书馆的沉浸式EML阅读课程，同时也会进行作业辅导

An immersive EML reading course in the middle school library, which will also include homework assistance.

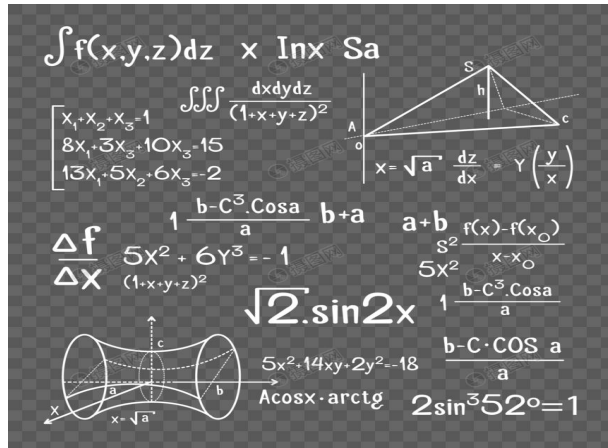


电影天地 Movie World

电影天地致力于为同学们搭建一个深入了解影视文化、提升审美情趣、拓展视野的平台。我们旨在通过组织丰富多样的观影活动、交流研讨以及影视创作实践，引导大家从不同角度欣赏影视作品，挖掘其背后蕴含的深刻内涵，培养大家的批判性思维和艺术鉴赏力，让同学们在轻松愉悦的氛围中感受影视艺术的魅力，丰富校园文化生活，同时也为有志于从事影视相关工作的同学提供学习和交流的机会。

The Movie World course is dedicated to providing students with a platform to deeply understand film culture, enhance aesthetic taste, and broaden horizons. We aim to organize a variety of film-watching activities, discussions, and film creation practices to guide everyone to appreciate film works from different perspectives, explore the profound connotations they contain, and cultivate critical thinking and artistic appreciation skills. Let students feel the charm of film art in a relaxed and pleasant atmosphere, enrich campus cultural life, and also provide learning and communication opportunities for students who are interested in pursuing careers related to film.

数学辅考课 Supplementary examination course



针对九年级学生参加中考的现实状况，进行中考数学针对性复习与备考。

In view of the reality of the ninth-grade students taking the high school entrance examination, targeted review and preparation for the high school entrance examination are carried out.

ASA (志闳) 课程介绍

Introduction to ASA Courses

时间：周二 1600-1700

年级：G9

班级人数：5-10

历史辅考课

Supplementary examination course



中考历史辅导课课程旨在帮助学生系统复习和巩固初中历史知识，提升历史学习能力。课程内容不仅限于历史事实，还包括历史事件的背景、原因、影响以及相互之间的联系，帮助学生构建完整的历史知识体系。

The course aims to help students systematically review and consolidate their knowledge of history while enhancing their history learning abilities. The course content is not limited to historical facts, but also includes the background, causes, impacts, and interconnections of historical events, helping students build a comprehensive history knowledge system.

打字俱乐部 Typing Club



打字俱乐部, 一个专门为二年级和三年级初学者设计的课外项目。该俱乐部提供了一个支持性的环境, 年轻的学习者可以从打字开始他们的旅程, 专注于建立信心和基础键盘技能。通过有趣且引人入胜的活动, 学生将以舒适的速度学习打字的基础知识, 确保他们获得轻松驾驭技术所需的技能。无论您的孩子是刚刚入门还是需要一些额外练习, ASA 打字俱乐部都是在无压力的环境中培养这些基本技能的理想场所。

Typing Club, an after-school program designed especially for 2nd and 3rd-grade beginners. This club offers a supportive environment where young learners can start their journey with typing, focusing on building confidence and foundational keyboard skills. Through fun and engaging activities, students will learn the basics of typing at a comfortable pace, ensuring they gain the skills needed to navigate technology with ease. Whether your child is just starting out or needs a little extra practice, the ASA Typing Club is the perfect place to develop these essential skills in a stress-free setting.



环球旅行社 Travel Passport

我们的环球旅行社课程将向你介绍世界各地的国家和文化，并为孩子们提供有关事实、文化、地标和食物的实用建议。与此同时，孩子们将制作一本旅行护照，来回顾他们去过的国家。让我们我们一起环游世界，同Ms.Zoey 一起探索世界吧！

Our Travel Passport ASA shall tell you about countries and cultures around the world and will provide great tips and advice about facts, culture, landmarks and food for kids. In the meantime, kids are going to make a travel passport to remind and reflect what countries they've been to. So travel around the world with us and have fun to explore the world with Ms. Zoey in Travel Passport!

趣味科普俱乐部 Fun Science Knowledge Club



邀请学生们一起探索我们充满奇迹的广阔世界。精选中英文科普杂志, 科普纪录片, 动画片, 内容涉及天文, 地理, 化学, 生物, 历史, 科学等多个领域。鼓励和启发学生的好奇心, 在欢乐中吸取获科普知识, 培养科学思维。

Join us on an exhilarating adventure as we embark on a journey to discover the wonders of our miraculous world. We have curated a rich selection of English and Chinese science magazines, documentaries, and animated series, covering diverse topics ranging from astronomy, geography, chemistry, biology, history, to science in general. Our aim is to providing you with a platform where you can absorb scientific knowledge amidst joy and laughter. We believe that by immersing yourselves in these engaging resources, you will not only expand your horizons but also cultivate a scientific mindset.



绘本创想乐园

绘本创想乐园 Picture book club

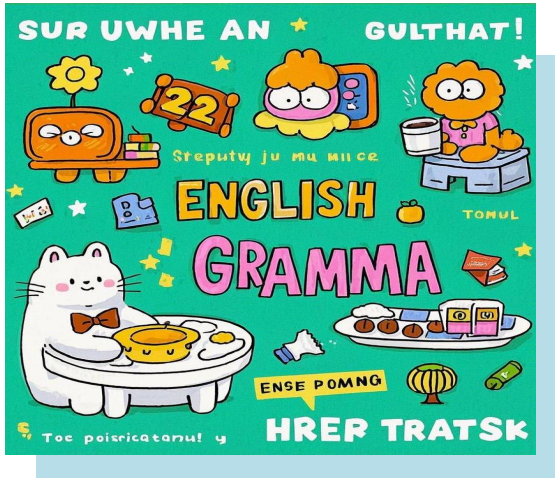
绘本创想乐园是一门专为儿童设计的趣味创意课程，旨在通过阅读精美的绘本故事，激发孩子的想象力和创造力。结合绘画与手工制作活动，引导孩子在故事情境中进行艺术表达，增强动手能力与审美意识。Picture book club is an engaging and imaginative course designed specifically for children. Through reading beautifully illustrated picture book stories, it sparks their creativity and imagination. By combining activities like drawing and crafting, the course guides children to express themselves artistically within the context of the stories, enhancing their hands-on skills and aesthetic awareness.



故事书艺术俱乐部 Storybook Art Club

我们将欣赏一些来自各种优秀儿童作家的精彩故事，阅读这些故事后，还会完成一个与故事或主题相关的艺术项目。重要的是你要热爱故事，能够阅读，并且喜欢艺术活动。

We will enjoy some of the best stories from a range of amazing children's authors, through reading the stories and then completing an art-based project connected to the story or theme. It is important that you love stories, can read and enjoy art activities.



基础语法练习 Basic Grammar Practice

从基础语法开始，让学生反复操练规则，加深对词性、句式结构等基础语法知识的理解与记忆。

Starting with basic grammar, students will repeatedly practice the rules to deepen their understanding and retention of foundational grammar knowledge, such as parts of speech and sentence structures.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间: 周三 1600-1700

年级: G3-4

班级人数: 5-15

探秘古埃及 Ancient Egypt



一起来探索古埃及的世界吧! 制作手工艺品, 了解有趣的历史事实, 还可以学习古埃及人如何书写!

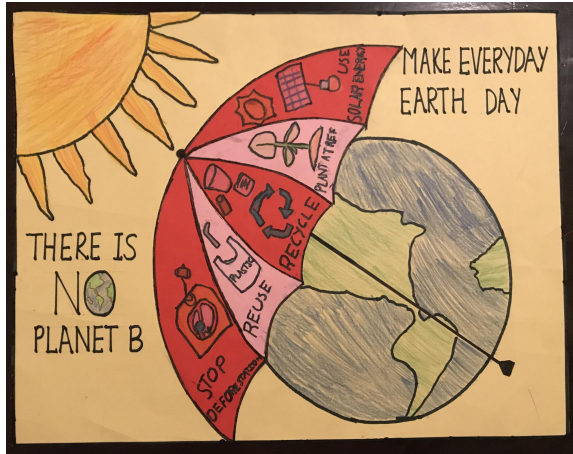
Come and learn about Ancient Egypt. Make crafts, learn facts and write like an Ancient Egyptian!

书写涂色俱乐部 Handwriting and Coloring Club

这门课程让学生练习书写技巧和笔法。学生们还能在繁忙的学校生活后，通过涂色图片来放松身心，有助于培养正念和改善心理健康。

This course allows students to practice their handwriting skills and penmanship. Students will also be able to relax after a long school day by coloring pictures that helps with mindfulness and mental health.





行动创意俱乐部 Action-Oriented Creative Club

学生们制作海报、传单和其他平面设计工具，以提高人们对气候变化、动物福利、健康饮食、减少浪费等感兴趣领域的认识，并采取积极行动。学生将学习说服语言，探索如何利用平面设计来鼓励变革，同时通过他们个人感兴趣的话题来吸引学生的兴趣。

Students create posters, leaflets, and other graphic designed tools to promote awareness and positive action in areas of interest, including: climate change, animal welfare, healthy eating, reducing waste, etc. Students will look at the language of persuasion and explore how graphic design can be manipulated to encourage change, while engaging student interest by being on topics they have personal interest in.

ASA (志闯) 课程介绍

Introduction to ASA Courses

时间: 周三 1600-1700

年级: G5-6

班级人数: 5-15



思维拓展

Thinking expansion

本课程主要目标为美国AMC8测试培训，有一定难度，建议在各个数学比赛中获奖同学或者对数学十分热爱且有扎实数学基础的同学报名。

The main objective of this course is to provide training for the AMC8 test in the United States, which may be challenging. It is recommended that students who have won awards in various math competitions or have a strong passion for mathematics and a solid foundation in it register.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间：周四 1600-1700

年级：G2-3

班级人数：5-15

乐高俱乐部 Lego Club



乐高俱乐部对于喜爱创造与搭建的孩子来说，是一项很棒的活动！每周，学生们会以小组形式参与主题挑战，比如“搭建一座房子”或“制作一只动物”。

Lego club is a great activity for children who love to create and build! Each week students will work in small groups on themed challenges such as "building a house" or "make an animal".

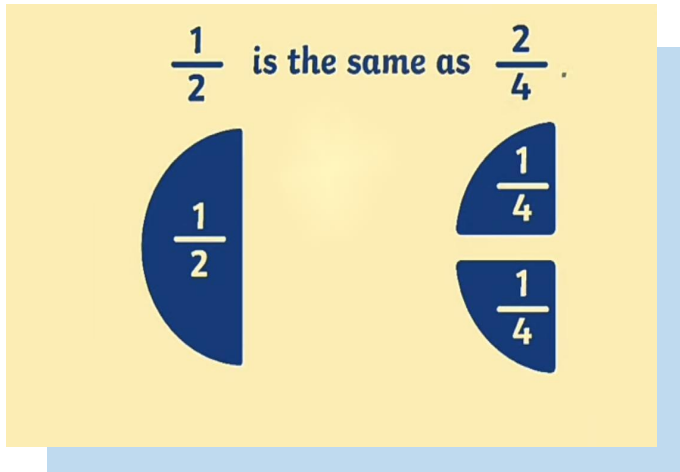
趣味学英语 Online English Games & Grammar

本课程旨在提升三、四年级学生的英语语法能力。通过精心设计互动环节，巧妙融合在线教育游戏和书面任务，让学生在趣味中提升语法技能，激发对英语学习的热情。

This course aims to enhance the English grammar proficiency of students in grades 3-4. Through carefully designed interactive sessions and a smart blend of online educational games and written tasks, students can improve their grammar skills in a fun - filled way and have their enthusiasm for English learning ignited.

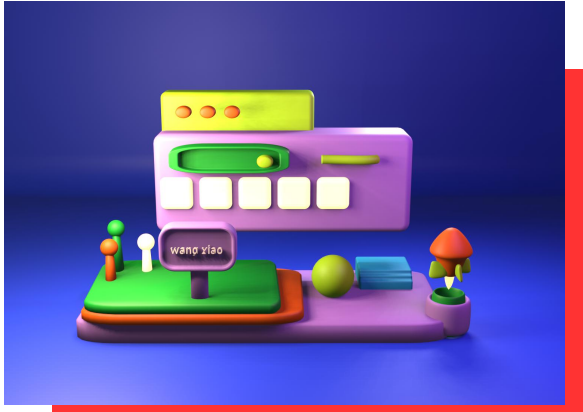


数学思维拓展 Math Thinking Expansion



针对热爱数学、寻求挑战的学生。精选经典数学专题，涵盖逻辑推理、数论、几何等多个领域。通过系统讲解与小组合作、练习，拓展学生思维，培养解决复杂数学问题的能力。

For math enthusiasts seeking challenges, a program covering classic topics in logic, number theory, geometry, boosts problem-solving skills through lectures, collaboration, practice.



Blender建模之路 The Path of Blender Modeling

通过对BLENDER的学习, 了解Blender 3D设计思维, 从建模、动画、材质、渲染了解整个3D的制作流程, 通过学习能够进行简单产品建模、场景搭建。

Through learning Blender, you will understand Blender 3D design thinking, covering the entire 3D production process from modeling, animation, materials, to rendering. By the end of the course, you will be able to perform basic product modeling and scene creation.



拉米牌俱乐部 Rummy Club

我们将学习如何玩几种不同的益智类纸牌游戏形式：拉米纸牌。无论你是经验丰富的玩家还是新手，这里都是锻炼思维能力、提升竞技心理的绝佳之地。

we will be learning how to play a few different forms of the card game: Rummy. Whether you're a seasoned player or a beginner, it's the perfect place to sharpen your thinking skills and enhance competitive psychology.

ASA (志闯) 课程介绍

Introduction to ASA Courses

时间：周四 1600-1700

年级：G9

班级人数：5-10



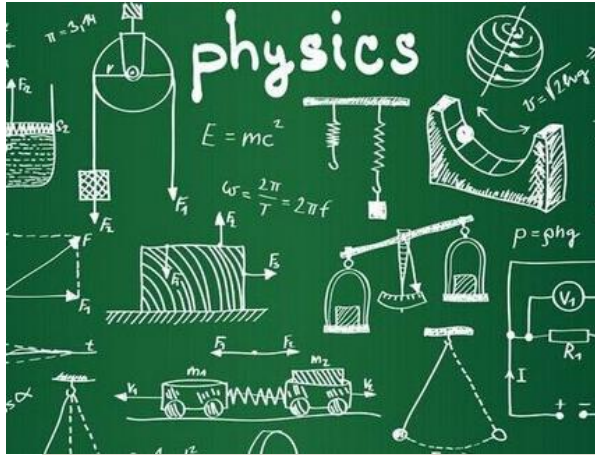
学术英语补充

Academic English Support

本课程旨在为九年级学生在最后一个学期学习 EML、CML 和全球视野课程时提供个性化英语学术支持。本课程将帮助学生提高词汇量、语法和写作能力。

This course is designed to individually support the English Academic needs of the ninth students within EML, CML, and Global Perspectives courses in the final term of the school year. The course will assist the students with their vocabulary, grammar, and writing.

物理辅考课 Supplementary examination course



针对九年级学生的备考现状, 进行专题复习, 包括声学、光学、热学、力学以及电磁学。

In view of the current situation of the ninth grade students taking the high school entrance examination, special topics are reviewed, including acoustics, optics, heat, mechanics and electromagnetism

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间: 周四 1600-1700
年级: G9
班级人数: 5-10

道法辅考课 Supplementary examination course



针对九年级学生的备考现实状况，进行考试前道法课程的针对性复习与备考。

In view of the reality of the ninth-grade students taking the high school entrance examination, targeted review and preparation for the high school entrance examination are carried out.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间: 周四 1600-1700
年级: G9
班级人数: 5-10



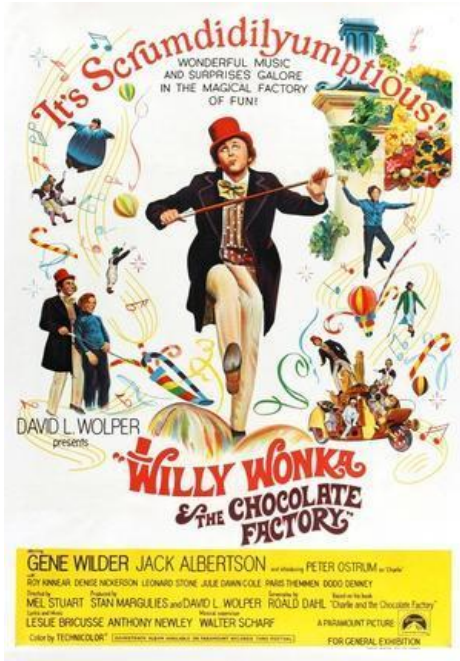
化学辅考课 Supplementary examination course

针对九年级学生的备考现实状况, 进行考试前化学课程的针对性复习与备考。

In view of the reality of the ninth-grade students taking the high school entrance examination, targeted review and preparation for the high school entrance examination are carried out.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间: 周二、周四 1600-1700 (一周2次)
年级: G2-5
班级人数: 20



*参加课程需要上传试镜视频，通过后可参加课程，上传方式及试镜要求详见newsletter附件

英文戏剧 (试镜后参加) Charlie and the Chocolate Factory

加入我们的ASA课程，让《查理和巧克力工厂》跃然舞台！学生们将在全英文剧本下学习表演、歌唱与舞蹈，通过扮演角色沉浸在威利·旺卡的奇幻世界中。活动不仅提升语言能力，还强调团队合作与创造力。每周二、周四均需参加排练，最终以一场精彩的现场演出为结尾，为家长、老师和同学们呈现甜蜜的舞台奇迹！

Join our ASA program and bring Charlie and the Chocolate Factory to life on stage! Students will learn acting, singing, and dancing through an all-English script, immersing themselves in the fantastical world of Willy Wonka. This activity not only enhances language skills but also emphasizes teamwork and creativity. Rehearsals will be held every Tuesday and Thursday, culminating in a spectacular live performance for parents, teachers, and peers. Get ready to create a sweet theatrical masterpiece!

ASA (志闯) 课程介绍

Introduction to ASA Courses

选拔要求:

参加课程需要先报名选拔, 选拔通过后可参加课程, 新老学员均需参与选拔。考试内容根据不同乐器有不同的乐队片段可以在1-134 Effy老师教室领取。

考试时间为-周三16:00-17:00: 弦乐/钢琴; 周四16:00-17:00: 管乐/打击乐

The exam content includes different band pieces for each instrument, which can be picked up at Effy's classroom (Room 1-134).

Exam Times: Wednesday 16:00-17:00: Strings/Piano; Thursday 16:00-17:00: Woodwind/Percussion



时间: 周二、周四 1600-1700 (一周2次)
年级: G4-9
班级人数: 5-40

DEXA 交响乐团 (需选拔)

DEXA Symphony Orchestra

学生将在本学期的排练中接触学习广泛的曲目, 并在整个学年定期表演。通过合排训练, 学生将发展他们的合奏能力与技巧, 并提高个人演奏乐器水平。参加乐团的学生将被要求有一个谱夹来保存他们的乐谱。

入团要求: 熟练掌握至少一门西洋乐器。具有良好的音准和识谱能力, 能阅读五线谱, 排练前对谱面有所准备, 保证日常练琴。

Students who can already play a music instrument are welcomed to audition. Students will learn a wide range of repertoire and give regular performances throughout the school year. Through playing in an ensemble they will develop their chamber music skills as well as improving at their instrument. Students will be required to have a folder in which to keep their music.

ASA (志闯) 课程介绍

Introduction to ASA Courses

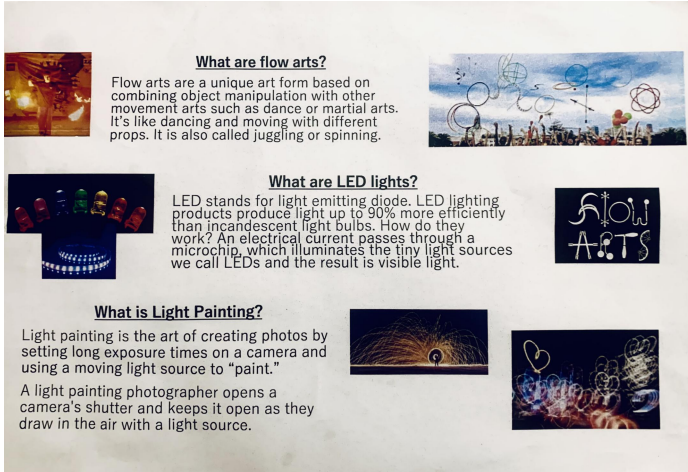
时间: 周二 1600-1700

年级: G5-9

班级人数: 5-15

流动艺术探索

Flow Arts Exploration



What are flow arts?
Flow arts are a unique art form based on combining object manipulation with other movement arts such as dance or martial arts. It's like dancing and moving with different props. It is also called juggling or spinning.

What are LED lights?
LED stands for light emitting diode. LED lighting products produce light up to 90% more efficiently than incandescent light bulbs. How do they work? An electrical current passes through a microchip, which illuminates the tiny light sources we call LEDs and the result is visible light.

What is Light Painting?
Light painting is the art of creating photos by setting long exposure times on a camera and using a moving light source to "paint."
A light painting photographer opens a camera's shutter and keeps it open as they draw in the air with a light source.

通过混合运动、媒体和创造自己的艺术形式，探索流动艺术的世界。你将接触到各种流动艺术风格、工具和物体操控方法。在理论与实践交替进行的过程中，本课程将教授你基础知识，并帮助你发现自己的自由风格。课程将重点关注词汇、工具、物理学以及艺术、舞蹈和音乐。

***参加课程需要家长购买瑜伽垫。**

Explore the world of flow arts through a mixture of movement, media, and making your own art form. You will be introduced to a variety of flow art styles, tools, and methods for manipulating objects. Alternating between gaining knowledge and putting things into practice, this ASA will teach you the basics and allow you to discover your own free style. There will be a focus on vocabulary, tools, physics as well as art, dance, and music.

***Parents will have purchase a yoga mat for the class.**



曼陀罗心理绘画 Mandala psychological painting

曼陀罗绘画在心理调适中是一种最为有效而简单的方式。这种模式在满足绘画者安全感的前提下，自然而然地在绘制中通过表达性的方式让内心的对立面整合并重新建立秩序和平衡。

Mandala drawing is one of the most effective and simple methods for psychological adjustment. This approach naturally allows the integration of inner opposites and the re-establishment of order and balance through expressive means while providing a sense of security for the artist.

ASA (志闳) 课程介绍

Introduction to ASA Courses

时间：周二 1600-1700

年级：G6-7

班级人数：5-15



编织

Macrame

在编织课上，孩子们将使用到编绳、软木板、定位针、珠子等工具，从简单的样式开始，编织不同的手链、挂件等物品。在安静环境中发现自己的创造力，在创造中获得编织的成就感。

In the Macrame class, students will use tools such as strings, cork boards, locator pins, beads, and other tools to knit different bracelets, pendants and other items, starting with simple patterns. Discover your creativity in a quiet environment and get a sense of fulfillment from Macrame as you create.

ASA (志闯) 课程介绍

Introduction to ASA Courses

时间：周二 1600-1700

年级：G6-9

班级人数：5-15

DEXA摇滚乐队

DEXA Rocks!



在这个充满活力的ASA摇滚乐队中，释放你内心的摇滚明星！学生们将齐聚一堂，组建自己的摇滚乐队，探索声乐、键盘、吉他、贝斯和鼓的基础。通过团体排练和现场表演，参与者将学习如何协作、编排歌曲并培养舞台表现力。此外，Mr.C还将提供一对一的课程，帮助学生提高乐器的演奏技巧。这是有抱负的音乐家们体验乐队演奏的兴奋感并磨练音乐才华的绝佳机会！新成员需参加选拔，以确保我们组建最强阵容，上学期的老成员无需试镜。

Unleash your inner rock star in this high-energy Rock Band ASA! Students will come together to form their very own rock bands, exploring the essentials of voice, keys, guitar, bass, and drums. Through group rehearsals and live performances, participants will learn how to collaborate, arrange songs, and develop their stage presence. Additionally, one-on-one sessions with the ASA leader will be available to help students improve their skills on specific instruments. This is the perfect opportunity for aspiring musicians to experience the thrill of playing in a band and refining their musical talents!



头像雕塑 Head sculpture

我们的年轻陶工将学习如何使用黏土制作头部雕塑。从揉捻黏土的初步塑形，到精心雕琢每一处细节，每一个步骤都凝聚着他们对艺术的热爱与追求。我们也鼓励更有经验的同学在我们的Steffan Atherton老师的监督下完成自己的项目和想法。

Our young potters will learn how to create head sculptures using clay. From the initial shaping of the clay to carefully refining every detail, each step reflects their passion for and dedication to the art. Our more experienced artisans are also encouraged to work on their own projects and ideas under the supervision of our artist-in-residence and teacher, Mr Steffan Atherton.

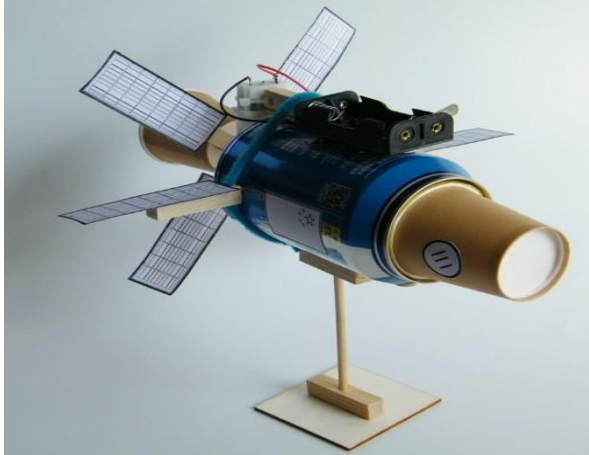


校刊设计与摄影

School Newspaper Graphics and Photography

成为校报的摄影师和编辑设计师吧! 你将有机会学习使用 Adobe Photoshop, 为校刊设计有趣的图形和版面布局, 同时拍摄照片并编辑, 使其与文章一起呈现在校刊中。

Become a photographer and editorial designer for the school newspaper! You will have the opportunity to become familiar with Adobe Photoshop to create interesting graphics and layouts to support the school newspaper, as well as taking photographs and editing them to be displayed with articles for the newspaper.



创意手工俱乐部 Creative Crafts Club

学生们将学习各种手工技艺, 如纸艺、布艺、木工等, 通过双手的巧妙操作, 将普通材料转化为独一无二的艺术品。课程注重培养学生的动手能力、空间想象力及创新思维, 鼓励学生自由发挥, 创作属于自己的作品。

Students will learn a variety of handcraft skills, such as paper craft, fabric art, woodworking, etc. Through the skillful manipulation of their hands, ordinary materials will be transformed into one-of-a-kind works of art. The program focuses on developing students' hands-on skills, spatial imagination, creative thinking, and encourages students to give free rein to create their own works.

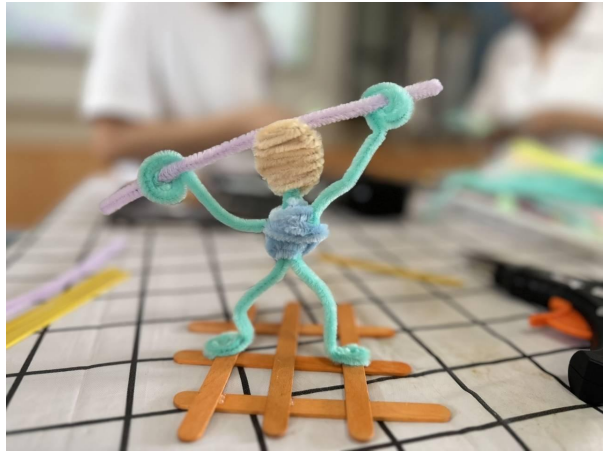


毛线绣

Wool Embroidery

毛线绣, 可提高孩子的专注力, 让孩子更加细心, 有耐心。各种颜色的搭配也能提高孩子的审美能力, 颜色搭配能力。

Wool Embroidery can improve the child's concentration, make the child more careful and patient. The combination of various colors can also improve children's aesthetic ability and color matching ability.



创意扭扭棒 Creative Twist Sticks

本课程能够提高孩子们的动手能力，想象力以及艺术创造能力。本课程需要在课堂上用到扭扭棒、剪刀、热熔胶胶枪等工具，需要孩子拥有能够熟练使用剪刀的技能。

This course can enhance children's hands-on skills, imagination, and artistic creativity. The course requires the use of tools such as twist sticks, scissors, and hot glue guns in class. Children are expected to have the skill to use scissors proficiently.

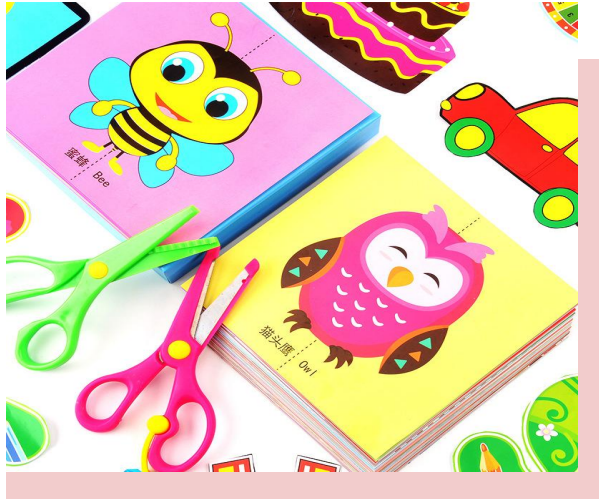
探索性绘画与拼贴 Explorative Painting & Collage



课程中学生可以使用水彩纸、颜料、墨水和拼贴材料创作有趣的构图。注重激发想象力和培养艺术技能。

In the course, students can use watercolor paper, paints, ink, and collage materials to create interesting compositions. The focus will be on stimulating imagination and developing artistic skills.

儿童剪纸 Paper cutting



在这里，孩子们将探索中国传统手工艺——剪纸的奇妙世界。通过灵巧的双手和无限的创意，一张张普通的纸张将在他们的指尖绽放出绚烂的艺术之花。通过动手实践，增强孩子们的手眼协调能力和精细动作技能。让孩子们在创作中感受中国传统文化的魅力，培养对民族文化的热爱。

Here, kids will embark on an adventure into the magical world of paper-cutting, a traditional Chinese handicraft. With nimble hands and boundless creativity, ordinary pieces of paper will blossom into stunning works of art under their fingertips. Through hands-on practice, children will enhance their hand-eye coordination and fine motor skills. By creating, children will experience the charm of traditional Chinese culture and cultivate a love for their national heritage.

ASA (志闯) 课程介绍 Introduction to ASA Courses

时间：周三 1600-1700

年级：G2-3

班级人数：5-15

器乐合奏团 (需选拔) Instrumental Ensemble



通过双语教学，学生将探索基础的乐器技巧、节奏和合奏演奏，同时演奏多种音乐风格。该课程在支持性和协作的环境中，培养团队合作、创造力以及对音乐的欣赏。Through bilingual instruction, students will explore foundational instrumental techniques, rhythm, and ensemble playing while performing a variety of music styles. This program fosters teamwork, creativity, and appreciation for music in a supportive and collaborative environment.

乐器包括但不限于：木琴、小提琴、单簧管、长笛、钢琴、电子键盘。除木琴外，所有乐器的演奏者都需要接受两年或以上的培训才能加入。

*所有人需要通过选拔后方可加入，报名选拔后老师将会邮件通知参与同学选拔时间及地点等相关信息。

The instruments in the instrumental ensemble include but are not limited to: xylophone, violin, clarinet, flute, piano, and keyboard. All instrumentalists, except for those playing the xylophone, are required to have two years or more of formal tuition to join. Additionally, all students must pass an audition to be admitted to the course.

ASA (志闳) 课程介绍

Introduction to ASA Courses

时间：周三or周四 1600-1700

年级：G2-4

班级人数：5-15

正念艺术

Mindful art



加入我们的心灵艺术俱乐部，踏上结合冥想艺术实践、放松与自我表达的创意之旅。在这里，学生将探索冥想艺术形式，如曼陀罗绘画、标记创作和图案设计。课程提供了在各种类型中创作的机会，学生可以尝试多种材料。无论你是初学者还是经验丰富的艺术家，心灵艺术俱乐部都是放松、创作并通过艺术连接的理想空间。

Join the mindful art club for a creative journey that combines mindful art practices with relaxation and self-expression. Students will explore the meditative art forms of mandala drawing, mark making, and pattern creation. The club offers the opportunity to work on both small-scale and large-scale projects.



艺术赏析 Art Appreciation

艺术赏析课程是一门旨在帮助学生学习和理解艺术作品的课程。在这门课程中，学生将学习如何欣赏和理解不同类型的艺术作品，包括绘画、雕塑、音乐、舞蹈等。通过对艺术作品的深入分析和讨论，学生将能够提高自己的审美能力，培养对艺术的热爱和理解。

The Art Appreciation course is a course designed to help students learn and understand works of art. In this course, students will learn how to appreciate and understand different types of works of art, including painting, sculpture, music, dance, and more. Through in-depth analysis and discussion of works of art, students will be able to improve their aesthetic abilities and develop a love and understanding of art.



DEXA鼓乐团 DEXA Drum Ensemble

让我们踏上这场节奏之旅，学生们将深入充满活力的桑巴打击乐器世界，探索中日鼓点的磅礴力量。ASA课程融合了文化探索和音乐创作，鼓励学生发展节奏感、团队合作精神以及对全球音乐传统的欣赏能力。课程结束时，学生们不仅能够表演令人振奋的打击乐作品，还将更深入地理解每种音乐风格背后的文化意义。

Join us in this rhythmic adventure where students will delve into the vibrant world of Samba percussion instruments and explore the powerful beats of Chinese and Japanese drums. This ASA offers a dynamic blend of cultural discovery and musical creativity, encouraging students to develop their rhythmic skills, teamwork, and appreciation for global music traditions. By the end of the course, students will not only perform exhilarating percussion pieces but also gain a deeper understanding of the cultural significance behind each musical style.



*参加课程需要上传试镜视频，通过后可参加课程，上传方式及试镜要求详见newsletter附件

戏剧表演 (试镜后参加) Drama

培养孩子对戏剧表演艺术的兴趣，启发孩子的想象力，培养其能动性、语言表达逻辑性、形体的协调性，最终让孩子能在松弛的状态下表现自己。同时树立自信、自理、互助互爱的团队观念，使学生的身心与技能达到同步健康成长。

The course aims to cultivate children's interest in dramatic arts, stimulate their imagination, and develop their initiative, language expression, and physical coordination. Ultimately, it helps children express themselves in a relaxed state. It also fosters self-confidence, self-reliance, and a spirit of mutual support and love, promoting both the physical and mental growth of students in a balanced manner.

声乐合唱团 Vocal Ensemble



你喜欢唱歌并想提高你的声乐技巧吗? 不用再找了, 加入我们, 通过来自世界各地的旋律, 一起探索正确的呼吸技巧以及发音位置。在声乐合唱团, 老师会帮助大家建立坚实的声乐基础, 掌握扎实的技巧, 一起探索歌唱的美妙和魔力。在课程中, 你将学会阅读乐谱, 并学会拓展你的声乐边界。

Do you enjoy singing and would like to improve on your vocal technique? Look no further and come join us as we explore proper breathing technique, voice placements and harmony through songs from different parts of the world. I believe in developing a strong vocal foundation with solid technique before we can truly explore the beauty and magic of our singing voices. In this sessions, you will have to learn to read sheet music and be resilient with stretching your vocal boundaries.

铜管重奏团 Brass Ensemble



在这门课里，学生将会学习如何吹奏圆号/小号。掌握一门乐器可以在学生未来学习生活的方方面面受益。从培养练琴的耐力，毅力到积累舞台经验，尤其是未来海外升学，铜管乐器都会为学生争取到最优可能性。除了日常上课和练习，我还会为学生1.辅导器乐类ABRSM（英皇考级）考试，为今后申请海外院校做足准备。2.提供给学生校外更多的表演平台（DEXA交响乐团，西安音乐厅青少年管乐团等）

*此课程需要学生自己购买乐器（圆号或小号）以及相关乐谱。

In this class we will be learning how to play the French horn and trumpet. Learning a musical instrument is beneficial in many ways and helps nurture many skills that can be applied to all aspects of your life. Being able to play a French horn and trumpet is a big plus when applying for schools and universities. I will help to prepare students to take ABRSM grades so that they have qualifications to prove their ability on their instrument. I will also arrange for the horn and trumpet students to play in the school orchestra. Students will be required to have a French horn/Trumpet and the relevant teaching materials.

昆曲与古琴 Kunqu Opera and Guqin



本课程旨在引导学生了解昆曲和古琴之美，提高中国古典艺术的感悟力和审美能力，熟悉昆曲及古琴发展源流，欣赏名曲，并教授学生学习昆曲识谱、演唱及身段舞蹈，学习古琴曲谱及基础弹奏指法。

This course aims to guide students in understanding the beauty of Kunqu and the guqin, enhancing their appreciation and aesthetic ability for Chinese classical arts, familiarising them with the development of Kunqu and guqin, appreciating famous pieces, and teaching students to read scores, sing, and perform the movements of Kundu, as well as learning guqin scores and basic playing techniques.

合唱团 Choir



探索一个语言与旋律融合的音乐旅程。释放你的音乐才华，并在音乐活动中分享。这是一个独特的机会，既可以提高学生的歌唱技巧，又能增强语言能力。通过演唱多种英语和中文歌曲，学生将探索不同的文化，改善发音，并建立持久的友谊。无论你是经验丰富的歌手还是刚刚起步，我们的合唱团都提供一个支持和培养的环境，帮助学生提升歌唱技巧、音乐技巧、团队合作能力和自信心，并建立持久的友谊。

Discover a musical journey where language and melody unite. Unleash your musical talent and share it at music events. This is a unique opportunity to develop students' vocal skills while enhancing language abilities. Through a diverse repertoire of songs in both English and Chinese, students will explore different cultures, improve their pronunciation, and build lasting friendships. Whether you are a seasoned singer or just starting, our choir offers a supportive and nurturing environment to develop students' vocal technique, musical technique, teamwork, confidence, and build lasting friendships.



英文戏剧演唱 Charlie and the Chocolate Factory Singers

为英文戏剧课程中的男女演员提供演唱方面的课程培训，帮助剧目更好的呈现。同时也欢迎那些希望学习戏剧中歌唱技巧的学生加入我们的课程。

We offer vocal training for male and female actors in the English drama to help enhance the presentation of the play. We also welcome students who are interested in learning singing techniques for theater to join our course.



折纸俱乐部 Paper Folding

通过简单的纸张, 经过巧妙的折叠, 可以变化出
无穷无尽的形态。培养学生们的动手能力、空间
想象力和创造力。

Through simple paper in the beginning, after
skillful folding, it can be changed into
endless forms in the end. It develops
students' hands-on skills, spatial imagination
and creativity.



篮球 Basketball

我们将学习比赛所需的基本规则、技能和战术，然后在动作游戏中实战，与其他学校进行友谊赛。

注：有意向加入此项目相应年龄段校队的同学，报名本课程才有机会入选。

We will learn the fundamental rules, skills and tactics needed to play and then implement them in fun action packed games, leading to competitions against other schools.

Note: Students interested in joining the corresponding age group school team must enroll in this course for a chance to be selected.

ASA (志闳) 课程介绍

Introduction to ASA Courses

G9: 周三 1600-1700 (5-30人)

G6-8: 周四 1600-1700 (5-40人)

周期: Season 3 (Season 4项目为篮球)



足球

Football

我们将学习比赛所需的基本规则、技能和战术，然后在动作游戏中实战，与其他学校进行友谊赛。

注：有意向加入此项目相应年龄段校队的同学，报名本课程才有机会入选。

We will learn the fundamental rules, skills and tactics needed to play and then implement them in fun action packed games, leading to competitions against other schools.

Note: Students interested in joining the corresponding age group school team must enroll in this course for a chance to be selected.



游泳校队 (仅限老队员) Swimming

本课程为校队学员设计，通过专业教练指导和系统化的训练，帮助学生提高技术、增强体能，并为各类竞技比赛做好准备。同时根据水平进行分组，提供针对性训练。

This course is designed for school team. Through professional coaching and systematic training, it helps students improve their skills, enhance physical fitness, and prepare for various competitive competitions. Meanwhile, students will be grouped according to their levels to receive targeted training.

围棋Weiqi

围棋起源于中国，迄今已有五千年的历史，围棋是中华民族的文化瑰宝，在古代，“琴棋书画”并称为四大艺术。这里的棋，指的就是围棋。作为一项传统艺术，围棋历经五千年岁月而不衰，足见其艺术魅力和迷人风采。围棋博大精深，集文化交流、艺术、竞技、娱乐于一身，但又简便易学，趣味无穷。围棋不但可以开发智力，更可以锻炼人的心理素质，陶冶情操，促进人际关系的融洽和谐，有利于提高大学生的综合素质。弈棋启智、弈棋励志，已经得到世界广泛认可。

Weiqi originated in China and has a history of 5000 years. It is a cultural treasure of the Chinese nation. In ancient times, "qin, qi, calligraphy, and painting" were collectively known as the four major arts. The chess here refers to Go. As a traditional art, Go has survived for five thousand years, demonstrating its artistic charm and charming charm. Go is extensive and profound, integrating cultural exchange, art, competition, and entertainment, but it is also simple and easy to learn, with endless fun. Go can not only develop intelligence, but also exercise people's psychological quality, cultivate sentiment, promote harmonious interpersonal relationships, and improve the comprehensive quality of college students. Chess inspiring and inspiring has been widely recognized worldwide.



费用：80元/人/课时

组织方：陕西天元棋院

主教练：欧阳划生，陕西天元棋院专职教师，中国围棋协会一级裁判，2022年荣获中国围棋协会颁发的围棋初级教练员证书，现任临潼青少年活动中心围棋教练，西安市高新—中国际部围棋老师，西安市第八十三中学围棋老师

Cost: RMB 80 per person per class

Ouyang Huasheng is a full-time teacher at Shaanxi Tianyuan Chess Academy and a Class 1 referee certified by the China Weiqi Association. In 2022, he was awarded the Junior Weiqi Coach Certificate by the China Weiqi Association. He is currently serving as a Weiqi coach at the Lintong Youth Activity Center, a Weiqi teacher at Xi'an Gaoxin No. 1 High School International Department, and a Weiqi teacher at Xi'an No. 83 Middle School.

攀岩Rock climbing

攀岩运动也属于登山运动，攀登对象主要是岩石峭壁或人造岩墙。攀登时不用工具，仅靠手脚和身体的平衡向上运动，手和手臂要根据支点的不同，采用各种用力方法，如抓、握、挂、抠、撑、推、压等，不仅锻炼小朋友的身体协调、力量、柔韧，还能培养坚强不屈的品格，和如何解读线路的思考能力。

Rock climbing also belongs to mountaineering, and the main objects of climbing are rock cliffs or artificial rock walls. When climbing, there is no need for tools and only relies on the balance of hands, feet, and body to move upwards. The hands and arms need to use various force methods, such as grasping, grasping, hanging, picking, supporting, pushing, pressing, etc., according to the different support points, Not only exercise children's physical coordination, strength, flexibility, but also develop strong and unyielding character, and how to interpret the line of thinking ability.



费用: 130元/人/节课

组织方: 陕西畅玩营地

主教练: 曹军, 国家攀岩E级教练员, 国家攀岩社会指导员, 国家二级攀岩裁判员, 从事青少年攀岩教学8年, 培养的青少年, 参加全国青少年攀岩U系列联赛荣获全国冠军, 参加中国中学生攀岩锦标赛荣获全国季军

Price: 130 RMB/player/lesson

Cao Jun, National Climbing Class E Coach, National Climbing Society Coach, National Climbing Judge II, He has been teaching youth rock climbing for 8 years, Cultivated youth, Participated in the national Youth Rock Climbing U Series league and won the national championship

Participated in the China Middle School Climbing Championship and won the third place in the country

射箭Archery

射箭在1896年被列入奥林匹克运动项目。国际射箭联合会成立于1931年。射箭被誉为“城市高尔夫”。射箭对孩子的孩子的好处如收缩瞳孔肌肉，帮助视力提高。调整肩背核心力量加强躯干力量，改善驼背，促进骨骼发育。对腰，腿，躯干协调，力量，耐力，注意力集中能力，适当学习压力，有很大的帮助。

Archery was included in the Olympic sport in 1896. The International Archery Federation was established in 1931. Archery is known as "urban golf". The benefits of archery for children include contracting the pupils and muscles, helping to improve vision. Adjust the core strength of the shoulder and back to enhance trunk strength, improve hunchback, and promote bone development. It is very helpful for the coordination of the waist, legs, and trunk, strength, endurance, concentration ability, and appropriate learning pressure.



费用: 125元/人/课时

组织方: 陕西齐天大圣体育

主教练: 薛一卓陕西理工大学运动训练专业, 陕西省运会冠军, 全国城市运动会第三。9年带队经验, 高级教师资格证, 中级体能教练, 中级射箭教练员职称。曾带队夺得省冠军。

Cost: 125 yuan/person/class hour

Organizer: Shaanxi Qitian Dasheng Sports

Head coach: Xue Yizhuo, sports training major of Shaanxi University of Technology, champion of Shaanxi Provincial Games, third place of National Urban Games. 9 years of team leading experience, senior teacher qualification certificate, intermediate physical trainer, intermediate archery coach title. He led the team to the provincial championship.

艺术Art

培养学生的艺术的眼界，用探索世界的角度去探索艺术，在实践中不断提高审美和自信。课程中包括多类创作题材和创作材料，增加学生的创意能力，提升学生的艺术修养，给孩子一个艺术感满满的有趣课程。

Cultivate students' artistic perspective, explore art from the perspective of exploring the world, and continuously improve aesthetics and confidence in practice. The course includes multiple creative themes and materials to enhance students' creative abilities, enhance their artistic cultivation, and provide children with an interesting and artistic experience.



费用: 158元/人/课时

组织方: 左印艺术

主教练: 艺术学学士学位, 国家级初级中学美术教师资格证, 从事少儿美术教育行业年, 擅长水彩、插画、综合材料等, 教学经验丰富, 耐心细致, 相信每个孩子都是艺术家, 创作的小火苗会一直跳动。

Cost: 158 yuan/person/class hour

Organized by: Zuoyin Art

Head Coach: Bachelor of Arts degree, national junior high school art teacher qualification certificate, years of experience in children's art education industry, proficient in watercolor, illustration, comprehensive materials, etc., with rich teaching experience, patient and meticulous, I believe that every child is an artist, and the small flame of creation will jump continuously.

网球Tennis

全满贯网球拥有来自国际网球协会ITF职业教练团队，北京体育大学、西安体育学院、陕西师范大学及省市专业网球队退役的优秀运动员专业的网球师资团队。建立了“团队教学”模式及理念，致力于服务各年龄段的网球爱好者。提供专业科学的课程体系，包括网球战术训练、网球基础知识、网球规则、实战比赛能力、网球心理训练、网球专项身体素质训练等专业课程，真正做到一站式综合网球培训服务。



费用: 198元/人/课时

组织方: 全满贯网球

主教练: 毕业于北京体育大学体育教育专业(网球专项)西安体育学院运动训练硕士研究生，国家一级裁判员，国家二级网球运动员.ITF中级教练员，法国Babolat百宝力签约教练，USPTR美国职业网球教练协会教练员·PRT职业网球教练员，中国网球公开赛连续10年裁判员，执教15年

Graduated from Beijing Sport University with a major in Physical Education (Tennis Specialization) and obtained a Master's degree in Sports Training from Xi'an Physical Education University. He is a National Level 1 Referee, a National Level 2 Tennis Player, an ITF Intermediate Coach, and a signed coach for Babolat. He is also a coach with the USPTR (United States Professional Tennis Registry) and a Professional Tennis Coach (PRT). He has served as a referee for the China Open Tennis Tournament for 10 consecutive years and has 15 years of coaching experience.

The All Slam Tennis team consists of professional coaches from the International Tennis Association ITF, retired outstanding athletes from Beijing Sports University, Xi'an Sports College, Shaanxi Normal University, and provincial and municipal professional tennis teams. We have established a "team teaching" model and philosophy, dedicated to serving tennis enthusiasts of all ages. Provide a professional and scientific curriculum system, including tennis tactical training, tennis basic knowledge, tennis rules, practical competition ability, tennis psychological training, tennis specialized physical fitness training, and other professional courses, truly achieving a one-stop comprehensive tennis training service.

舞蹈形体Cardioscolpt

通过学习，掌握舞蹈的基本形态与体态，改善不良姿势行为习惯，培养空间感方位感，开发身体各部位的幅度、速度、灵活性及协调性等。提高学生的艺术表现能力。

Through learning, master the basic forms and postures of dance, improve bad posture and behavioral habits, cultivate a sense of spatial orientation, and develop the amplitude, speed, flexibility, and coordination of various parts of the body. Improve students' artistic expression ability.



费用：120元/人/课时

主教练：辛烨，毕业于广西艺术学院，从事少儿舞蹈教育6年，经验丰富，所带学生参加全国，全市舞蹈比赛多次荣获金奖、银奖及优秀作品奖，作品也多次荣获“优秀编导奖”及“优秀指导老师奖”

Cost: 120 yuan/person/class hour

Coach: Xin Ye, graduated from Guangxi Academy of Arts, has been engaged in children's dance education for 6 years. He has rich experience, strong sense of responsibility, love and patience for children, and strong professional abilities. My students have participated in national dance competitions, and have won multiple gold, silver, and excellent work awards in the city. My works have also won the "Excellent Choreographer Award" and "Excellent Instructor Award" multiple times

高尔夫 GOLF

富有挑战的训练内容让孩子在快乐的过程中养成打高尔夫的习惯。课程将围绕铁杆、推杆、切杆开展包括学习课、复习课、挑战课以及考试等多元化教学形式，以mini 3杆洞作为期末结尾，孩子将学会高尔夫规则以及各支球杆的组合使用，为接下来的训练以及下场做好准备。

The challenging training content allows children to develop the habit of playing golf during the process. The courses include learning lessons, review lessons, challenge lessons and exams, and other diversified teaching methods. The mini 3 hole is the end of the term. The child will learn the rules of golf and the combination of clubs to prepare for the next training.



费用: 100/120元每人每课时 (入门/进阶)

专业教练，毕业于高尔夫专业，持有中高协高尔夫教练证。性格外向活泼，专业细致，能针对不同群体因材施教。

Cost: 100/120 yuan/person/class hour(beginner/advanced)

Professional coach, graduated from the Golf major and holds a Golf Coach Certificate from the China Golf Association. Outgoing and lively personality, professional and meticulous, able to teach students according to their aptitude for different groups.

烘焙BAKING

英语烘焙课由主讲老师与助教老师共同完成教学。课程以英语为主要教学语言，以不同国家的美食为主题。每次课，通过理论结合实践，完成一件美食作品的制作。烘焙课以学生为中心，积极为学生营造英语运用环境，鼓励学生去探索、去创造，体会美食带给生活的乐趣。

The baking class is taught by both the main teacher and a teaching assistant. The course covers different cuisines from various countries and is primarily taught in English. Each class combines theory and practical components, students will create a culinary masterpiece after learning the recipe. The baking class is student-centered, we encourage students to explore, create, and experience the joy that food brings to our lives.



费用: 150元/人/课时

主教练: 马鹤老师 (烘焙老师) 食品质量与安全专业毕业从事英语教育7年, 从事烘焙教育3年, 热爱美食创作、美食品鉴, 教学特点: 擅长从食物的角度, 引导学生享受生活, 正确看待失败

Cost: 150 yuan/person/class hour

Head Coach: Ms. Ma He is a baking teacher who holds a degree in Food Quality and Safety. She has seven years of teaching experience in English. She has been dedicated to the baking education for three years and is passionate about culinary. Her teaching emphasizes on food perspective, she prefers to guide students to enjoy life and have a positive attitude towards failure when baking.

流行舞编排Urban Dance

Urban Dance 是近年风靡于世界的舞蹈风格, 于Instagram、Youtube、TikTok 等社交平台上受到极大量年轻人的追捧。

德闾学校开设的 Urban Dance 课程主要以 Hip-hop Jazz舞蹈作为课程基本功,以其超凡创意、优质编舞以及舞台剧般的情节考究。

Urban Dance不是一个舞种, 而是一种舞蹈表达形式, 是一种不拘泥于传统的个性表达, 是舞者对于艺术的追求, 是潮流、新元素与舞蹈的有机融合。

Urban Dance is a dance style that has become popular around the world in recent years and is highly sought after by young people on social media platforms such as Instagram, YouTube, and TikTok

The Urban Dance course offered by Dehong School mainly focuses on Hip-hop Jazz dance as the basic skill, with its extraordinary creativity, high-quality choreography, and stage like plot refinement

Urban Dance is not a dance genre, but a form of dance expression that is not limited to traditional personality expression. It is a dancer's pursuit of art and an organic fusion of trends, new elements, and dance



费用: 120元/人/课时

主教练: 张崇哲Urban舞种, 2020年CCTV央视七夕宣传舞蹈广告拍摄, 2021西北齐舞大赛TDS西安赛区冠军, 2022mas国际街舞大赛西安站冠军, 2022央视cctv3七夕晚会节目录制。

陈长虹Jazz舞种, 2014年陕西省活力大赛爵士第二名, 2015年陕西省校园街舞大赛第一名, 2016年陕西省电视台特邀表演嘉宾, 2017年至今从事少儿街舞教学工作, 2022年北京Dance Vision全国齐舞大赛第四名

Cost: 120 yuan/person/lesson

Head Coach:Zhang Chongzhe. Participated in the CCTV Qixi Festival promotional dance advertisement filming at 2020. Won the championship at the TDS Northwest Division of the National Street Dance Competition 2021 in Xi'an. Won the championship at the MAS International Street Dance Competition Xi'an Station, and participated in the CCTV-3 Qixi Festival Gala program recording in 2022.

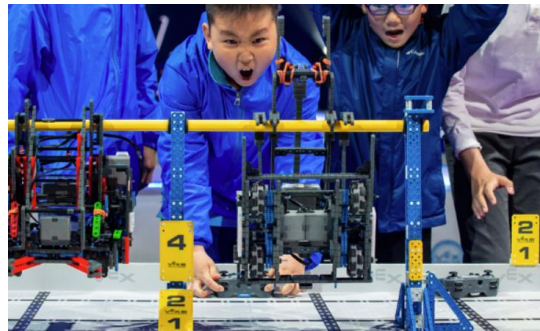
Chen Changhong specializes in Jazz dance. Second place in the Shaanxi Vitality Competition 2014(Jazz category).

First place in the Shaanxi Provincial Campus Street Dance Competition in 2015. Special guest performer on Shaanxi TV at 2016. 2017-Present: Engaged in children's street dance education.Won fourth place in the Beijing Dance Vision National Crew Dance Competition 2022.

VEX 机器人Robotics

VEX机器人大赛又称VEX机器人世界锦标赛（VEX Robotics Competition），是一项旨在通过推广教育型机器人，拓展中学生和大学生对科学、技术、工程和数学领域兴趣，提高并促进青少年的团队合作精神、领导才能和解决问题的能力的世界级大赛

The VEX Robotics Competition, also known as the VEX Robotics Competition, is an activity aimed at expanding the interest of middle school students and college students in the fields of science, technology, engineering and mathematics through the promotion of educational and robotics, and promoting the teamwork spirit of young people, A world-class competition for leadership and problem-solving skills.



费用: 220/240/280元/每人每课时 (G1-2/3-4/5-6)

主教练: 白岩松, 三年授课经验, 卡耐基梅隆编程认证老师, VEX、GO&IQ认证裁判, 学校课后服务负责人, VEX GO主讲老师、竞赛教练, VEX IQ主讲老师, VEX IQ机器研发师

焦勇峰 (Jon) VRC授课教师、铁一曲江竞赛教练, 参与竞赛机研发、搭建。所带队伍获得亚洲公开赛中西大区赛VRC联赛亚军, WRC世界机器人大赛陕西省赛季军。

instructor Cost: 220/240/280 (G1-2/3-4/5-6)

Head Coach: Bai Yansong, three years of teaching experience Certified programming instructor from Carnegie Mellon, VEX, GO & IQ certified referee, Head of after-school services at the school, Lead instructor and competition coach for VEX GO, Lead instructor for VEX IQ, VEX IQ robot developer

Jon instructor of VRC program, coach of the Tieyi Qujiang competition team, involved in the research& development and construction of competition robots. The team led by him/her won the second place of Western China Regional VRC Competition of the Asian Open, and the third place in the Shaanxi Provincial VRC Competition of the WRC World Robot Contest.

FPV无人机FPV Drone

FPV 无人机俗称穿越机，国际上通常称为：竞速无人机或者第一视角无人机，FPV Drone / Racing Drone。其本质上还是无人机的一种，但具有高爆发，高机动，高速度，第一视角飞行等特点。

技术上涉及航空、电子信息技术、通信工程、计算机、软件工程、机械工程等学科。其飞行对于飞手的临场反应与操控技巧有极高要求。广泛应用于影视拍摄、竞技娱乐、体育赛事、科学教育、应急救援、特种作战、军事打击等场景。

2025年FPV无人机竞速运动正式列入全运会，此项目的引入，带来全新的运动方式，融合了科技与竞技体育，给大众带来不一样的体验和乐趣。随着FPV无人机运动的发展，该项目也逐渐被许多传统航模赛事所收录，例如“飞向北京·飞向太空”全国青少年航空航天模型教育竞赛活动、全国青少年无人机大赛、全国航空航天模型锦标赛等。

FPV drones, commonly known as racing drones or first-person view (FPV) drones internationally, are essentially a type of drone with characteristics such as high burst speed, agility, and first-person perspective flight.

Technically, FPV drones involve multiple disciplines, including aviation, electronics, communication engineering, computer science, software engineering, and mechanical engineering. Their operation demands exceptional real-time response and control skills from the pilot. They are widely used in various fields such as film and television production, competitive sports, sports events, scientific education, emergency rescue, special operations, and military strikes.

In 2025, FPV drone racing will officially be included in the National Games, introducing a new sport that merges technology with competitive athletics, offering unique experiences and enjoyment to the public. As the sport evolves, it's being integrated into traditional model aircraft competitions, such as the "Fly to Beijing-Fly to Space" national youth aerospace model education competition, the national youth drone competition, and the national aerospace model championships.



费用:300元/每人每课时 (G2-3/G4-6/G7-9);

2S设备包: 1800元/套 (如无设备需要购买)。

主教练:李龙龙, 全国航空航天模型锦标赛技术裁判;从事航空模型运动多年; CAAC机长及教员; 拥有丰富的青少年FPV无人机教学经验, 帮助超500余位青少年FPV无人机启蒙, 具有丰富的青少年FPV无人机赛事经验, 带领多名学员获得飞北赛、省锦标赛、全运会选拔赛等多个赛事奖项。

Cost:300元 (G2-3/G4-6/G7-9)

Head Coach:Li Longlong, technical referee of the National Aerospace Model Championship; Engaged in aviation model sports for many years; CAAC Captain and Instructor; With rich experience in teaching youth FPV drones, we have helped over 500 youth FPV drones to become enlightened. With extensive experience in youth FPV drone competitions, we have led multiple students to win awards in various events such as the National Youth Education Competition "Flying to Beijing, Flying to Space", Provincial Championships, and National Games Selection Competition.

科创 Science & Engineering

Friday Maker (星期五科创俱乐部) 致力于为青少年提供原汁原味、根植于国际教育理念的STEM学习体验。

依托团队深厚的科研积累、多学科视角及海外学习工作的丰富经验, Friday Maker将实验室中的复杂技术趣味化、普及化, 转化为孩子们易于理解和操作的声、光、电模块。让孩子们在探索与实践中, 既能够了解科学探究的基本过程, 又能深入掌握工程设计原理, 零距离无障碍地接触电子科技与机械工程, 创造出属于自己的科技作品。

Friday Maker is committed to providing young learners with authentic STEM experiences firmly rooted in international education principles. Drawing on the team's extensive research expertise, broad academic perspectives, and rich overseas study and work experience, Friday Maker translates complex laboratory technologies into fun and accessible modules of sound, light, and electricity—making them easy for children to understand and operate. By engaging in exploration and hands-on practice, children not only learn the fundamental processes of scientific inquiry but also develop a deeper grasp of engineering design principles. In doing so, they gain direct, barrier-free exposure to electronic technology and mechanical engineering, ultimately creating their own unique technological inventions.



费用: 390元/人/课时

主教练: 姚老师: 西安交通大学博士(工程热物理), 曾任国家重点实验室工程师。从事科创教学与研发9年, 多次带领学生参加国家级及国际级白名单赛事, 指导学生获得青科赛一等奖等

Cost: 390/person/hour

Head Coach:

Dr. Yao: PhD in Engineering Thermophysics from Xi'an Jiaotong University, former engineer at a National Key Laboratory. With 9 years of experience in science and technology education and development, Dr. Yao has led students in national and international competitions, guiding them to win awards such as the first prize in the Youth Science Innovation Competition.

赛艇 Rowing

现代赛艇运动起源于英国的泰晤士河, 发展至今已有200多年历史, 是奥林匹克运动会的主要赛事之一。赛艇运动中舵手控制节奏、把握方向, 桨手必须齐心协力、动作一致, 是最能体现团队精神、竞技礼仪、团队文化的体育项目。

The modern rowing sport originated from the Thames River in England and has a history of more than 200 years. It is one of the main events of the Olympic Games.

In rowing, the helmsman controls the rhythm and grasps the direction. The oarsmen must work together and act in unison. It is a sports event that best reflects the team spirit, competitive etiquette and team culture.

报名要求 Selection conditions

- 学校11-16岁青少年、男女不限11-16 age group
- 身高145cm以上 At least 145cm tall
- 无心脏病、无大手术 No signs of heart disease or major surgery
- 具有集体荣誉感和团队精神 Have a sense of collective honor and team spirit
- 可徒手游泳25米者校赛艇队优先录取 (安全有保障游泳不是最主要先决条件) Can swim 25 meters with their bare hands are preferred (safe and secure swimming is not the main prerequisite)



费用: 年费新队员22500 老队员19500/年 (每周2次课)

主教练: 徐宁, 赛艇国家一级运动员, 赛艇国家二级裁判员, 6年赛艇培训经验 (含青少年), 2010年 全国青年锦标赛四人双桨第一名, 2011年 陕西省赛艇个人全能第二名 2012年, 中国杯赛艇公开赛西安站八人单桨第一名

Cost: 22,500 (annual fee for new member), 19,500 (annual fee for returning members) with 2 training per week.

Head Coach: XU NING

National level athlete in rowing National Level 2 Referee in Rowing Rowing 6 years of training experience in rowing (including juniors) 2010 National Youth Championships 1st place in quadruple sculls 2011 Shaanxi Province rowing individual all-around second place 2012 China Cup Rowing Open Xi'an 8-man sculls first place

自然探秘 Nature Exploration

课程从身边的自然出发，每周一节，每节一个主题，通过极具趣味性、互动性、科普性的内容，让孩子们对自然产生兴趣，满足他们的好奇心和探索欲！将探究型学习、跨学科学习、项目式学习融合在教学过程中，注重孩子的实践动手能力培养，揭示动植物独特生存智慧的同时，锻炼观察力、思考力、判断力和想象力！懂得分享与敬畏！

This course starts from the nature around us. Through interesting natural science content, makes children interested in nature and satisfies their curiosity. Integrate inquiry-based learning, interdisciplinary learning and project-based learning in the teaching process, focus on cultivating children's practical skills, reveal the unique survival wisdom of animals and plants, and exercise their observation, thinking, judgment and imagination! The course also instills values of sharing and a deep respect for nature.



费用: 266元/人/课时

授课教师: 王卓, 它世界自然学校教学主管, 陕西师范大学教育学专业, 北京自然之友·盖娅自然学校体验师。2015年涉足自然教育, 10年自然教育课程研发, 600余场自然教育活动执行经验。喜欢与孩子平等对话, 成为孩子们可信赖的朋友。

Cost: 266/person//session

Wang Zhuo, the teaching supervisor of Its World Natural School, an experience teacher at Beijing Friends of Nature Gaia Natural School, majoring in Education at Shaanxi Normal University. Engaged in natural education in 2015, with 10 years experience in developing natural education courses and executing over 600 natural education courses. Enjoy having equal conversations with children and become their best friend.

足球Soccer

足球运动是世界上最受人们喜爱、影响最大的体育运动项目，被誉为“世界第一运动”。踢球可以促进儿童的身体发展和健康成长，培养良好的体能素质、增强耐力和灵敏度、改善心肺功能，提高协调性和灵活性、以及培养孩子们的团队意识、沟通能力、组织协调能力。一名优秀的全面球员，必定具有足球技术、优秀运动表现、学习能力超强、非凡思维能力。

秦英足球俱乐部致力于打通从校园足球到职业足球的人才输送渠道。以“专业、系统、全面”的教学理念，为热爱足球的青少年，提供全方位足球服务。与114余所学校达成校园足球战略合作，共建球队100余支。

Football is the world's most beloved and influential sport, known as the "world's number one game." Playing football promotes children's physical development and healthy growth, cultivating good physical qualities, enhancing endurance and agility, improving cardiovascular fitness, and increasing coordination and flexibility, and fostering teamwork, communication skills, and organizational abilities. An excellent all-around player must have football skills, outstanding athletic performance, and exceptional thinking ability.

Qin Ying Football Club is dedicated to establishing a talent pipeline from campus soccer to professional football with the concept of "professional, systematic, and comprehensive." We provide comprehensive soccer services for young football enthusiasts. We have formed over 100 teams in cooperation with more than 114 schools.



费用: 120元/人/课时

主教练: 谢越

亚足联B级教练员、前广东华南虎队员、国际港务区陆港铁一中(高中男足主教练)、未央区第七十五中学(初中男足主教练)。

Cost: 120/person/session

Head Coach: Xie Yue

AFC B License Coach, Professional Chinese Football Player, Former Guangdong South China Tiger (China League One. Head coach of the men's high school football team at Xi'an International Trade & Logistics Park Tieyi High School and Xi'an Weiyang District No. 75 Middle School.

格斗训练Boxing

培养同学们对于拳击的热爱和兴趣培养，拳击运动也是奥林匹克精神的传承和发展，拳击可以更好的锻炼到同学们的身体抵抗力，反应能力，释放压力和防身能力，同时可增强身体的抵抗力，耐力和心理素质

Cultivate students' love and interest in boxing. Boxing is also the inheritance and development of the Olympic spirit. Boxing can better exercise students' physical resistance, reaction ability, release pressure and self-Defence ability, and also enhance physical resistance, endurance and psychological quality.



费用: 180元/人/课时

主教练:

George 拳击国家二级运动员，从业拳击和体能训练，有完成的课程体系和课程架构，教学经验丰富，耐心细致可以帮助到每位同学有更好的提升和强化

Cost: 180/person//session

Head coach:

National boxing second-class athlete, engaged in boxing and physical training, has a completed curriculum system and curriculum structure, rich teaching experience, patience and meticulousness can help every student have better improvement and strengthening.

模拟联合国 Model United Nations

模拟联合国，是一项风靡全球的，世界优秀青少年共同参与的综合素质背景提升、学术交流与国际交流活动。在此活动中，青年学生们扮演各个国家的外交官，通过模仿联合国或国际组织的运作方式、议事规则和决策机制，围绕国际上的热点问题进行讨论。模拟联合国活动能够增强同学们对于联合国组织的结构、程序和功能的认识，提升学生对于当前的重大国际议题的理解，学会以国际的眼光来看问题。

Model United Nations, is a globally popular activity for outstanding middle school students worldwide. It can enhance your comprehensive quality and facilitate academic exchange and international communication. In a MUN conference, students take on the roles of diplomats of various countries and try to address the issues widely discussed in the world by imitating the operation mode, procedural rules, and decision-making mechanisms of the United Nations or international organizations. Therefore, MUN can enhance students' understanding of the structure, procedures, and functions of the United Nations organization, improve students' interpretation of current international issues, and learn to analyze them from an international perspective.



费用: 800元/人/学期

培训师:

谈老师, 西安交通大学模拟联合国大会学术总监, 模拟联合国课程资深讲师。多次模拟联合国活动参与和主持经验, 授课风格生动有趣, 讲授内容扎实。

Cost: 800/person/semester

Trainer: Ms Tan

She is the Academic Director of the Model United Nations Conference at Xi 'an Jiaotong University and the Senior Trainer in Model United Nations. With rich experiences in participating in and hosting Model United Nations conferences, she has developed a lively teaching style and solid teaching content.

篮球 Basketball

Prodigy天才训练营通过专业篮球教练打造了系统科学的篮球体系。教练组全部由前塞尔维亚职业球员，国际篮联认证教练组成，全程提供全英文专业课程。在基础与实战的结合中，以职业球员的视角全面培养孩子的篮球基本功和团队配合能力。基础运球，脚步特训，投篮技巧以及赛场分析各项训练配合之间，锻炼孩子综合能力，让他们不断提高，自我突破。

Prodigy has developed a systematic and scientific basketball training program led by professional basketball coaches. The coaching team is composed entirely of former Serbian professional players and FIBA-certified coaches, offering fully English-language professional courses. Through the combination of fundamentals and actual gameplay, the program comprehensively develops children's basic basketball skills and teamwork abilities from the perspective of professional players. The training covers fundamental dribbling, footwork specialization, shooting techniques, and game analysis, enhancing children's overall abilities and encouraging them to continuously improve and surpass themselves. The physical movements in basketball help children improve coordination while in an excited state, resulting in a high level of agility.



费用: 150/人/小时

主教练: Marko Jovicic, 国际篮联FIBA认证教练, 来自塞尔维亚共和国, 曾担任RS第一届高级联赛教练, RS冠军主教练, RS青年组第二届联赛冠军教练, 塞尔维亚共和国第一联赛教练

Vuk Pekovic, 国际篮联FIBA认证教练-来自塞尔维亚共和国, 篮球训练营的主教练和助理教练, 曾任2019-2021年塞尔维亚贝尔格莱德篮球俱乐部教练

Cost: 150/person/hour

Head Coach:

Vuk Pekovic, FIBA Certified Coach, From the Republic of Serbia, Former coach of the RS Senior League's first season, Head coach of the RS Championship team, Head coach of the RS Youth League's second season champion team, Coach in the Serbian First League

Vuk Pekovic, FIBA Certified Coach, From the Republic of Serbia, Head coach and assistant coach of basketball training camps, Former coach of the Belgrade Basketball Club in Serbia from 2019 to 2021

年级	课程时间	年级	课程时间	年级	课程时间
G1	周一、周四 1615-1715	G4-5	周三1700-1830	G7-9	周二1700-1830
			周四1700-1830		周五1715-1845 (比赛日)
			周日1045-1215		周日1630-1800
G2-3	周一1615-1745 周四1700-1830 周日0900-1030	G6	周二1700-1830	G4+Girls	周五1715-1845
			周三1700-1830		
			周日1630-1800		